Ways to Address RE-AIM Issues in Efficacy and Effectiveness Studies

RE-AIM Element	Efficacy Trials (Phase III Research)	Effectiveness Trials in Defined Populations (Phase IV Research)
Reach Strategies	Specified inclusion criteria or purposeful selection, but participants will be volunteers in a specific research setting	Include all relevant members of a defined population Report exclusions, participation rates, drop-outs and
	Report exclusion and participation rates, dropouts, and representativeness	representativeness
Efficacy or Effectiveness Strategies	Measure outcomes using intent to treat assumptions and a high level of rigor	Same as above, though measures are usually more limited
	Assess both positive (anticipated) and negative (unintended) outcomes	More likely to include economic outcomes
Adoption Strategies	Have potential adoptees assess fit of prototype intervention to their setting	Assess willingness of stakeholders from multiple settings to adopt and adapt the program
	Include "proxy measures" of adoption -such as participation among those staff members of a system who will participate in the study	Report on representativeness of settings, participation rate and reasons for declining
Implementation Strategies	Collect data on likely treatment demands	Assess staff ability to implement key components of the intervention in routine practice
	Evaluate delivery of intervention protocol by different intervention agents (usually research staff)	Evaluate consistency of intervention delivery by agency staff who are not part of research team
Maintenance Strategies	Assess recidivism among participants	Assess continuation of program over time, and especially after research phase concludes
	Engage potential community settings in strategic planning efforts	Systematically program for and evaluate the level of institutionalization of the program elements after formal study assistance is terminated
	Document extent to which research protocol is retained by setting/agency once the formal study is completed	